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11. (Amended) A skin-applied electrode pad for external defibrillation comprising:
an electrode sized and configured for external defibrillation;
an adhesive configured to adhere the electrode to a patient's skin; and
a release sheet covering the adhesive, the release sheet being configured to be removed
while the electrode pad is held in a desired position on or against the patient's skin with a portion
of the release sheet in contact with the patient's skin.

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16. (Amended) A defibrillator comprising:
a defibrillator control box;
a pair of electrode pads for external defibrillation; and
leads connecting the electrode pads to the defibrillator control box;
wherein each electrode pad comprises:
(i) an electrode sized and configured for external defibrillation;
(ii) an adhesive configured to adhere the electrode to a patient's skin; and
(iii) a release sheet, a first portion of the release sheet covering the adhesive, and a
second portion of the release sheet extending from the first portion and being folded so that the
release sheet can be peeled away from the adhesive by pulling the second portion in a direction
substantially parallel to the plane of the electrode pad while the electrode pad is being held in a
desired position on the patient.

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25. (Amended) A method of applying an external defibrillation electrode to a patient,
the external defibrillation electrode including an adhesive portion covered by a release sheet,
comprising:
positioning the external defibrillation electrode on the patient's skin with the release sheet
facing the skin and in contact with or closely adjacent the skin;
without lifting the external defibrillation electrode from the patient's skin, removing the
release sheet to expose the adhesive portion; and
adhering the adhesive portion to the patient's skin.